

ABSTRACT

„Practical application of acting training based on modern acting methods in building a character in a theatrical performance. Analysis of the process of creating the role of John in the play "The Cost of Living" directed by G. Chrapkiewicz in terms of application of acting techniques.”

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The dissertation is an attempt to define actor's training, consisting of selected elements of the world's most recognized acting methods and techniques. It is a comprehensively presented process of creating a theatrical performance, but primarily from the perspective of the actor's work on character building.

The main thesis is that there is no universal method or acting technique that will prove effective for any actor in working on any role. However, making a selection of elements of several popular acting techniques and creating an individual acting training from them can serve as a versatile tool for an actor to work on any role.

The work consists of four chapters and an introduction and conclusion.

The first chapter is focused on defining the scope of the analysis by providing definitions of: actor's training, awareness, acting techniques and methods, the creator and the performer, distinction between arts and crafts.

The second chapter reviews a selection of the world's most popular acting techniques - primarily by Konstantin Stanislavsky, Lee Strasberg, Stella Adler, Sanford Meisner, Mikhail Chekhov, William H. Macy and David Mamet, Uta Hagen, Viola Spolin and Keith Johnstone. The chapter is a study of the literature on the subject and a presentation of the theory as a starting point for further analysis.

The third chapter is a presentation of Martyna Majok's *The Cost of Living* - its characteristic features, dramatic outline, characters, social context and the issues raised.

The fourth chapter, as the most important part of the dissertation, contains a detailed description of the process of work on John's role with an indication of the use of individual acting training, which was based on elements of selected acting techniques. It presents in-depth analysis of John's character and the medical issues he faces - cerebral palsy, as well as inspirations used for work on the external facade of the role. It also contains a thorough analysis of all John's scenes, presenting almost every second of the role on the levels of relationships, actions, emotions and words.